

MEET INFO PACK – 2018



**Bay Conference Track & Field Meet
Saturday, May 12 - 2018**

at Xavier High School, Appleton

Coaches Meeting 9:15 a.m., Field Events 10:00 a.m., Running Events 10:45 a.m.

We are proud to host this Conference Track & Field Meet. All entries will be handled on-line. Entries must be done on the www.athletic.net web site.

1. Deadline is **11:59 a.m. on Thursday MORNING, May 10**. Changes or substitutions may be made thru that time.
2. Scratches only (**no additions, no changes, no replacements**) are to be made at the Coaches Meeting.
3. Each team is allowed one entry in each relay event and 28 individual event entries, boys and girls.

There is a max limit of 3 per school in any individual event.

See the HELP section of www.athletic.net for instructions or help with the on-line entry process.

Tortoise & Hare Race Management at www.tandhtiming.com will seed and time the meet, as well as **POST** online all heat sheets and flight sheets, and, provide results as soon as the meet ends. Info may be printed by coaches, athletes or spectators from that web site. Two booklets will be available for each team at the Coaches Meeting. Booklets will not be made available on-site for spectators or athletes.

Site: Rocky Bleier Field on the Knights of Columbus Sports Complex track, at Xavier High School, 1600 W. Prospect Ave., Appleton, 2 miles east of Interstate Hwy 41 at the Prospect Ave. / Hwy BB exit. See the maps. The facility opens for teams and spectators at 8:30 a.m. on the day of the meet. Be aware, there is major road construction and a lengthy detour south of Appleton... on Hwy 10 & Hwys 441/41. See XavierHawksSports.com or see the maps with this Info Pack for directions.

Admission: Spectators: Bay Conference pass, \$4 per adult, \$2 per student in grade school thru high school, senior citizens are free. Use the main gate, in the southwest corner of the facility... off the main parking lot west of the school.

Bus parking: near the street along the south end of the main parking lot located west of the school, or, on a city street. Do NOT park or load-unload along the fence, near the track; inform your bus driver, please!

Coaches & Workers Meeting: 9:15 a.m. on the day of the meet, in Shed A at the scoreboard end of track.

Fee: Please send the \$200.00 entry fee to Xavier High School, 1600 W. Prospect Ave., Appleton, WI 54914, Attn: Kathy Bates, or, bring a check on the day of the meet.

Supervision: Coaches are responsible for all of their team members. Please require athletes, coaches and spectators from your school to stay off the infield and-or the track once on-track warmups end and running events begin.

Questions: Please contact Kathy Bates, Athletic Director, at Xavier High School at (920) 882-6908 or her cell phone at (920) 419-2552. For questions regarding the entry process, see the link above.



MEET DETAILS

**2018 Bay Conference Track & Field Meet
at Xavier High School, Appleton --- Saturday May 12, 2018**

Awards: For all events, a medal for 1st & 2nd place and honorable mention certificate from their school for 3rd place. After the meet, boys and girls team champions will be announced over the PA as soon as results are finalized. Award envelopes will be given to the coaches, in Booth 2 of the press box, after the meet.

Bull Pen: Located by the large tent on the northwest end of the track, near the 100 start line. Hip numbers will be available in the Bull Pen. Tell your athletes: Obtaining a hip number is not the same as checking in with the Clerk of Course. Coaches and spectators are not allowed in the Bull Pen. Athletes failing to report to the Clerk will **NOT** be called over the PA.

Concessions: Items will be sold by the Xavier Booster Club from the brick building near the main bleachers. T-shirts are available; an order form will be provided each school. Restrooms are available near the concession stand.

Exchange Zones: Schools are assigned to have coaches cover exchange zones. See the Order of Events.

Facilities / Spikes: Xavier has an eight-lane rubberized 400-meter track. One-quarter (1/4) inch pyramid spikes or smaller are allowed on the track and runways. The shot put and discus circles are concrete. Starting blocks will be provided. Spikes will not be sold at the site. Locker rooms are not available. Do not go inside school unless instructed by an announcement over the PA.

Field Events: *also see the Time Schedule page*

1. Long Jump & Triple Jump: preliminaries, 3 tries via open pit. Then 9 to finals, 3 more tries.
1 hour for Prelims in Long Jump and Triple Jump. 15 minutes for warmups before finals.
2. Shot Put & Discus: Flights for preliminaries, 3 trials. Then 9 to finals, 3 more attempts.
1 hour for Prelims in Shot Put and Discus. 15 minutes for warmups before finals.
3. High Jump & Pole Vault: opening heights will be announced at the Coaches Meeting.
4. The starting height for pole vault and high jump shall be determined by using the eighth-best qualifying height and then subtracting two increments. The meet manager reserves the right to alter the starting heights.
5. "Five Active" will be used for high jump and pole vault, if the number of entries warrant.
6. Participants are responsible for checking in with their Field Judge before the field event begins.
7. Competitors in all field events have a 15-minute check-out rule.
8. Scratches in field events can be made at the Coaches Meeting or at the venue.
9. The other gender event will begin 15 minutes after the finals are completed for a respective event.
10. Pole vault poles will be checked in at the pole vault venue. See the Time Schedule.
11. In the shot put, discus and pole vault, athletes may NOT warm-up unless one of your coaches or the field event Judge is present at the venue.

Implement Check-In: All implements to be used in the shot put and the discus **MUST** be checked in, verified and marked by meet workers in Shed A.... at the south end of the track near the scoreboard. See the Time Schedule. Any implement not approved may be picked up from Shed A – **AFTER** the conclusion of the entire meet.

Jury of Appeals: New London girls' coach, West De Pere boys' coach, the two starters, and, Kathy Bates (Xavier AD, Meet Manager) or, if needed, as modified and announced at the meet site.

[continued]

MEET DETAILS CONTINUED

2018 BAY CONFERENCE TRACK & FIELD MEET -- AT XAVIER

Media: Results will be provided by the host school to The Post-Crescent and Press Gazette.

Restricted Areas / Coaches Boxes: Coaches, non-participating athletes, and spectators will not be allowed in the restricted areas. They will need to stay outside the fenced-in area of the track, or, behind the fence or ropes at the Shot Put and Discus venues. Coaches and spectators are not allowed in the Bull Pen, on the track once running events begin, or on the infield... except at the high jump where one coach of an athlete competing at the time in the high jump may be in the Coaches Box near the venue; use the gate near the Bull Pen to reach that area. Each field event will have a Coaches Box painted on the grass near the venue, and those boxes are restricted to coaches and their athletes in that event.

Results: Will be announced over the PA after each event, posted at the site on the garage near the main entrance, weather permitting, provided to head coaches and media at the site after the meet ends, and, available online after the meet ends via the **XavierHawksSports.com** web site.

Running Events: All runners in open events will be assigned a hip number. Only anchor runners in relays will be assigned a hip number. Qualifying from trials to finals will be the winner in each heat, plus the next fastest times from any heat until all eight lanes are filled. Sections will be conducted in the remaining running events based on the "best times."

Scoring: Team scoring will consist of 8 places: 10-8-6-5-4-3-2-1, relays included.

Scratches only (no replacements, no changes, no additions) will be allowed on the day of the meet.

Teams Participating: Green Bay East, Green Bay West, Menasha, New London, Seymour, Shawano, West De Pere, Xavier.

Tents: Any tent may only be set up on the grass area outside of the NORTH CURVE of the track, or, in the far NORTHWEST CORNER of the facility... *north* of the large bleachers, or, under the main bleachers. Camps may not be set up on the infield, near the concession stand or in other restricted areas. See the map.

Trainer: A certified athletic trainer from Ascension Sports Medical Group will be available on the infield, near the finish line tent, during the meet.

Wheelchair Athletes: Please email the Meet Manager at kbates@xaviercatholicschools.org by no later than 24 hours prior to the meet if you will have any athlete(s) entered in a wheelchair event. Include the event(s).

Meet Referee: Valentine Zibung **Starters:** Don Tolkacz, Al Knurr

Meet Manager: Kathy Bates **Clerk of Course:** Mark Gorshe





Time Schedule & Order of Events

2018 Bay Conference -- Conference Track & Field Meet

Rocky Bleier Field on the Knights of Columbus Sports Complex track

Xavier High School, 1600 W. Prospect Ave., Appleton -- Saturday, May 12

- 9:15 Implement weigh-in, in Shed A, until 9:45 a.m. & pole vault poles will be checked in at the venue.
- 9:15 Coaches Meeting and Workers Meeting, in Shed A, at the scoreboard end of the track.
- 9:50 On-track warm ups end. Warm-up in field events will end, and competitors will check in with their respective field judge and be given final instructions.
- 9:50 PA Welcome and National Anthem.
- 10:00 Field events begin -- *also see Meet Details*
For Long Jump, Triple Jump, Shot Put & Discus: 1 hour for prelims. 15 minute warmups before finals.
Girls High Jump -- Boys to follow.
Boys Pole Vault -- Girls to follow.
Girls Long Jump -- Boys to follow.
Boys Triple Jump -- Girls to follow.
Girls Shot Put -- Boys to follow.
Boys Discus -- Girls to follow.
- 10:45 Running Events begin
3200 meter Relay -- girls (4x800)
3200 meter Relay -- boys (4x800)
100 meter Dash trials -- boys
100 meter Dash trials -- girls
110 meter High Hurdle trials -- boys
100 meter High Hurdle trials -- girls
- 15 minute break
- 100 meter High Hurdle final -- girls
110 meter High Hurdle final -- boys
100 meter Dash final -- girls
100 meter Dash final -- boys
1600 meter Run -- girls
1600 meter Run -- boys
800 meter Relay -- girls (4x200)
800 meter Relay -- boys (4x200)
Exchange zones:
1 & 3: GB East and GB West
2: Starters
400 meter Dash -- girls
400 meter Dash -- boys
400 meter Relay -- girls (4x100)
400 meter Relay -- boys (4x100)
Exchange zones:
1: Xavier and Menasha
2: New London and Shawano
3: West De Pere and Seymour
- 9 qualify for the finals
in Shot Put, Discus,
Long Jump & Triple Jump.
- Qualifying for the finals in running events:
Winner of each heat plus next fastest times
from any heat, *until all 8 lanes are filled.*
- WHEELCHAIR EVENTS:
no entries in 2018
- 300 meter Low Hurdles -- girls
300 meter Intermediate Hurdles -- boys
800 meter Run -- girls
800 meter Run -- boys
200 meter Dash -- girls
200 meter Dash -- boys
3200 meter Run -- girls
3200 meter Run -- boys
1600 meter Relay -- girls (4x400)
1600 meter Relay -- boys (4x400)
Exchange zone: Starters

Bay Conference Outdoor Track & Field Conference Meet Records ■ Boys -- thru 2017

Event	Athlete	School	Effort	Year
100 M Dash	Nate Hall	Ashwaubenon	10.77	2001
110 M High Hurdles	Aaron Revitis	Seymour	14.57	2001
200 M Dash	Dan Pallex	Ashwaubenon	22.04	1999
300 M Inter. Hurdles	Spencer Turiff	West De Pere	39.32	2012
400 M Dash	Mark Bork	Ashwaubenon	49.74	1975
800 M Run	Rick Turriff	West De Pere	1:56.24	1980
1600 M Run	Chris Rombough	New London	4:16.69	2005
3200 M Run	Matt Mroczynski	Pulaski	9:25.44	2007
400 M Relay 4x100	Dan Pallex Nate Hall Greg Demain Cory O'Connell	Ashwaubenon	43.04	1999
800 M Relay 4x200	Isaac Fink Bennet Deprey Hunter Folkman Brandon Destache	West De Pere	1:31.57	2017
1600 M Relay 4x400	Paul Berken Dale Albers Al Burton Rick Turriff	West De Pere	3:28.24	1995
3200 M Relay 4x800	Nathan Broullire Tate Resch-Gauger Darren Hinkens Luke Bailey	Xavier	8:07.28	2017
High Jump	Alex Bloom	Seymour	6' 9"	2014
Pole Vault	Keenan Graef	West De Pere	14' 3"	2017
Long Jump	Cody Rysewyk	Bay Port	22' 2 ¾"	2003
Triple Jump	Jamyle Brantley	Green Bay East	45' 5"	2017
Shot Put	Tom VanLanen	West De Pere	60' 5 ½"	1994
Discus	Tom VanLanen	West De Pere	183' 3"	1994

revised 4-10-2018

Bay Conference Outdoor Track & Field Conference Meet Records ● Girls -- thru 2017

Event	Athlete	School	Effort	Year
100 M Dash	Joy Van Laanen	Ashwaubenon	12.28	2001
100 M High Hurdles	Erin Perkins	Marinette	15.44	2012
200 M Dash	Alaina Murphy	Seymour	26.16	2009
300 M Inter. Hurdles	Angie Brucker	Seymour	46.04	1997
400 M Dash	Alaina Murphy	Seymour	58.43	2009
800 M Run	Jenni Westphal	Marinette	2:16.94	1992
1600 M Run	Janet Westphal	Marinette	5:01.4	1994
3200 M Run	Janet Westphal	Marinette	11:03.1	1993
400 M Relay 4x100	Andrea Irvine Becky Yanke Sheena Shubat Taylor Johnson	Bay Port	50.34	2004
800 M Relay 4x200	Alaina Murphy Tiffany Overlien Steph Ambrosius Justine Mehojah	Seymour	1:46.30	2007
1600 M Relay 4x400	Suzi St. Clair Jodi Bolen Janet Westphal Jenni Westphal	Marinette	4:01.94	1994
3200 M Relay 4x800	Sara Berken Sheri Bissing Brittany Lemon Courtney VanDenheuvel	West De Pere	9:47.70	2004
High Jump	Jenny DeGroot	Ashwaubenon	5' 6"	1987
	Courtney Nuss	De Pere	5' 6"	2001
Pole Vault	Erin Havever	Ashwaubenon	11' 6"	2006
Long Jump	Missy Peterson	Marinette	17' 6 ¾"	1993
Triple Jump	Jenny DeGroot	Ashwaubenon	36' 0"	1987
Shot Put	Jessica Maroszek	Seymour	46' 6 ¾"	2010
Discus	Jessica Maroszek	Seymour	163' 7"	2010

revised 4-10-2018

Bay Conference Outdoor Track & Field Meet Team Champions ■ Boys -- thru 2017

<u>Year</u>	<u>Boys Champion</u>	<u>Year</u>	<u>Boys Champion</u>
2017	West De Pere	1990	Marinette
2016	West De Pere	1989	Marinette
2015	West De Pere	1988	Ashwaubenon
2014	Seymour	1987	Marinette
2013	Seymour & West De Pere	1986	Shawano
2012	West De Pere	1985	Seymour
2011	West De Pere	1984	Bay Port
2010	West De Pere	1983	Ashwaubenon
2009	Luxemburg-Casco	1982	Shawano
2008	Luxemburg-Casco	1981	Seymour
2007	Bay Port	1980	Seymour
2006	Bay Port	1979	Clintonville
2005	Ashwaubenon	1978	West De Pere
2004	Bay Port	1977	Seymour
2003	Bay Port	1976	Ashwaubenon
2002	Pulaski	1975	Ashwaubenon
2001	Ashwaubenon	1974	Ashwaubenon
2000	Ashwaubenon	1973	Oconto Falls
1999	Ashwaubenon	1972	Ashwaubenon
1998	Pulaski	1971	Ashwaubenon & Oconto
1997	Bay Port		
1996	Ashwaubenon		
1995	Bay Port		
1994	Bay Port		
1993	Bay Port		
1992	Bay Port		
1991	Bay Port		

Revised 4-10-2018

Bay Conference Outdoor Track & Field Meet *Team Champions ● Girls -- thru 2017*

<u>Year</u>	<u>Girls Champion</u>	<u>Year</u>	<u>Girls Champion</u>
2017	West De Pere	1990	Marinette & De Pere
2016	West De Pere	1989	Bay Port
2015	West De Pere	1988	Bay Port
2014	Seymour	1987	De Pere
2013	Hortonville	1986	Marinette
2012	Hortonville	1985	Marinette
2011	Hortonville	1984	West De Pere
2010	Seymour	1983	Seymour
2009	Seymour	1982	Bay Port
2008	Seymour	1981	Marinette
2007	Pulaski	1980	De Pere
2006	Pulaski	1979	Ashwaubenon
2005	Pulaski	1978	Bay Port
2004	Pulaski	1977	Seymour
2003	Pulaski	1976	Ashwaubenon
2002	Bay Port & Ashwaubenon	1975	Ashwaubenon
2001	Pulaski	1974	Clintonville
2000	Marinette	1973	Clintonville
1999	Marinette	1972	NA
1998	Marinette	1971	NA
1997	Marinette		
1996	Marinette		
1995	Marinette		
1994	Marinette		
1993	Marinette		
1992	Marinette		
1991	Marinette		

XAVIER HIGH SCHOOL ATHLETIC DEPT.

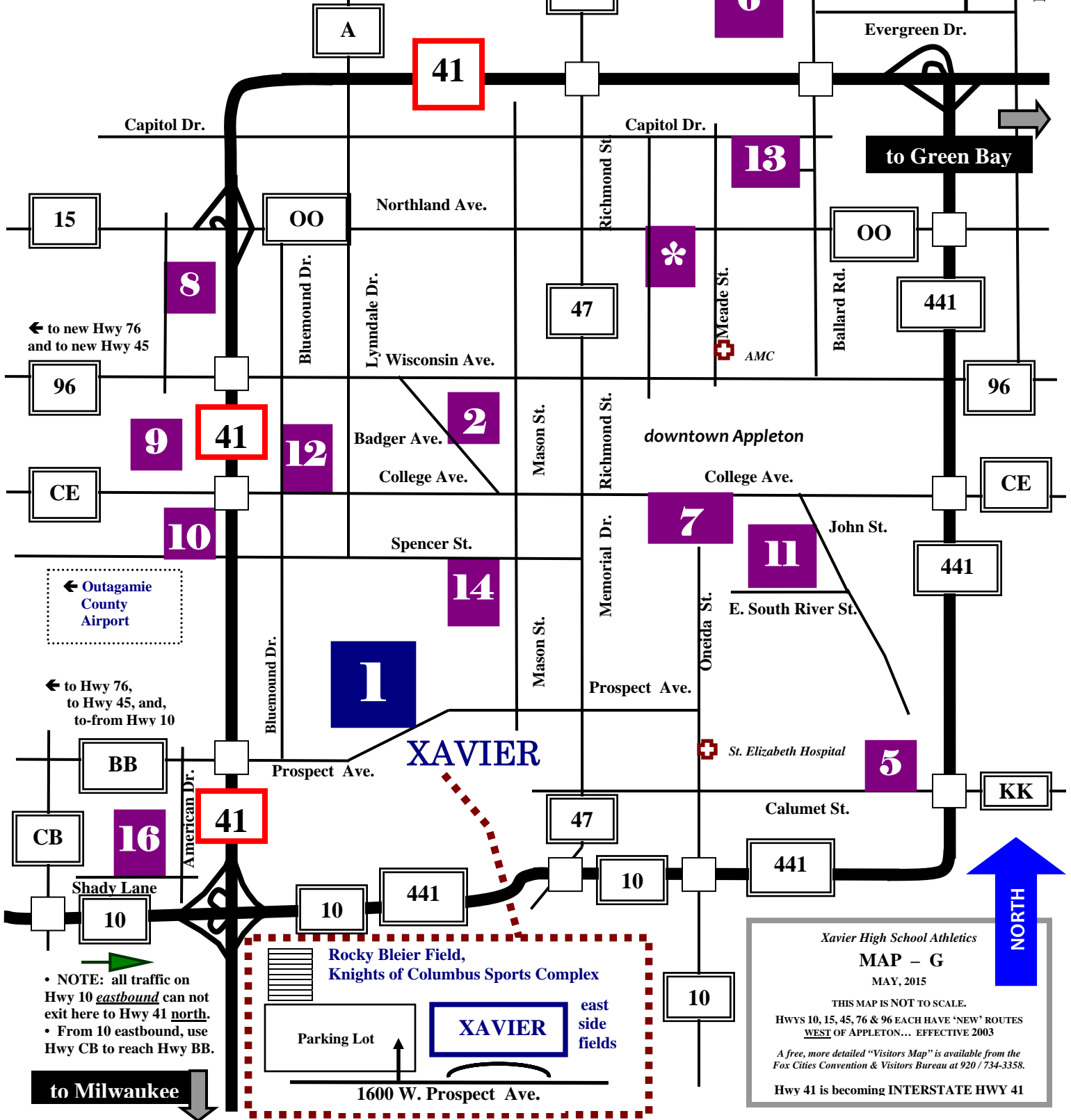
1600 W. Prospect Ave. • Appleton, WI • (920) 733-6632

Appleton area map

NUMBER CODE MAP G

- | | |
|--------------------------------|--|
| 1 -- Xavier High School | 2 -- West High School |
| 3 -- North High School | 4 -- Fox Valley Lutheran High School |
| 5 -- East High School | 6 -- Thrivent (formerly Aid Association for Lutherans) |
| 7 -- Downtown Appleton | 8 -- Fox Cities Stadium |
| 9 -- Fox River Mall | 10 -- Holiday Inn |
| 11 -- Lawrence University | 12 -- Legion / Don Hawkins Field |
| 13 -- Memorial Park | 14 -- Neinhaus Field & Sports Complex |
| 15 -- USA Youth Sports Complex | 16 -- Tri-County Ice Arena |

* = Xavier Middle School (formerly St. Joseph Middle School)



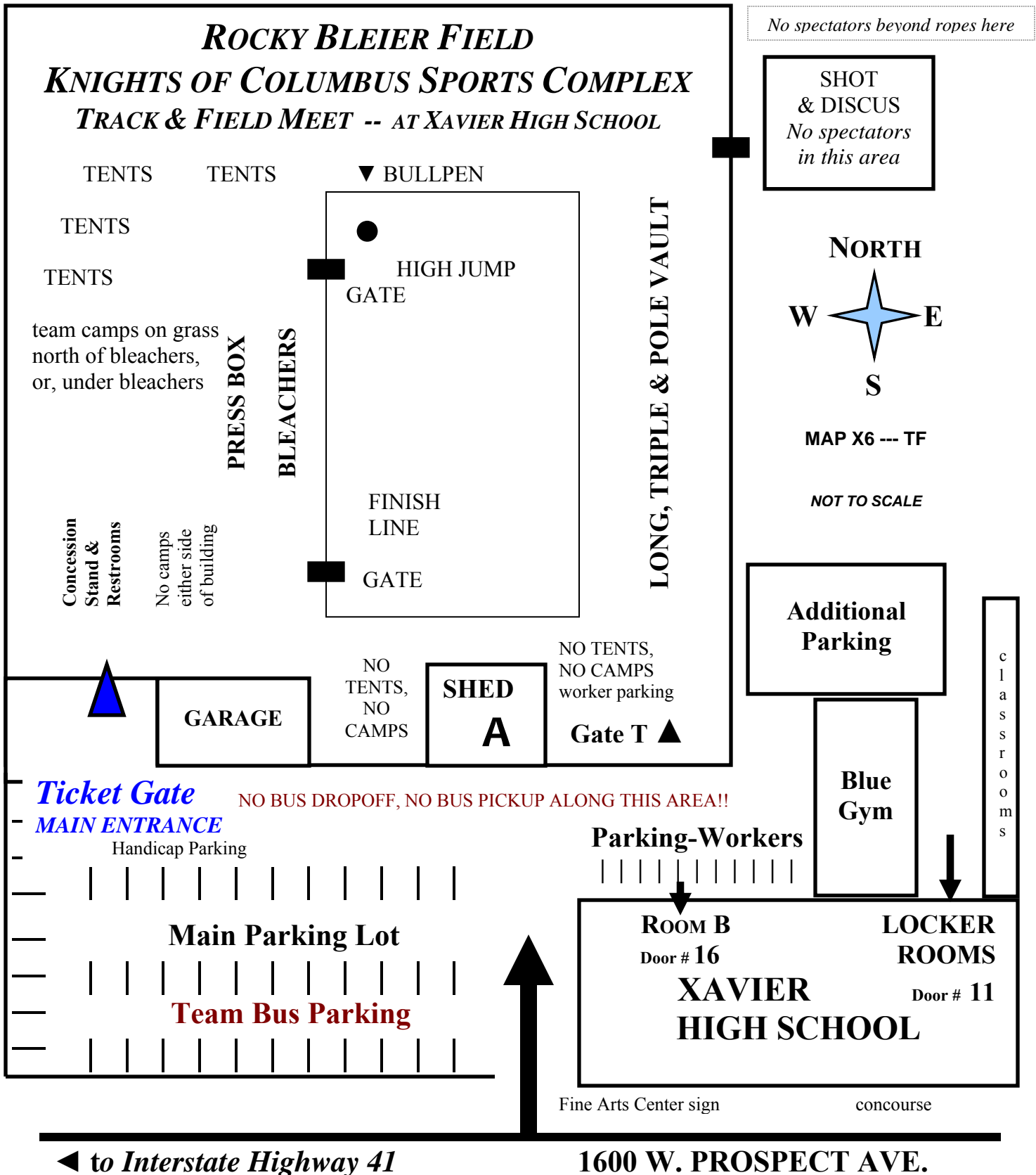
• NOTE: all traffic on Hwy 10 *eastbound* can not exit here to Hwy 41 *north*.
 • From 10 eastbound, use Hwy CB to reach Hwy BB.

to Milwaukee

NORTH

XAVIER HIGH SCHOOL ATHLETIC DEPT.

1600 W. Prospect Ave. • Appleton, WI • 920 / 733-6632 • www.XavierHawksSports.com



MAJOR ROAD CONSTRUCTION / DETOUR - 2018 near Xavier High School – 1600 W. Prospect Ave., Appleton

Xavier is about 2 miles east of Interstate Hwy 41.

Please share this info with your bus driver and spectators.

(1) TO XAVIER -- via Hwy 10 & Hwy 441

The "marked" detour on Hwys 10 & 441 is the green arrows.

However, it is much faster to use the RED ARROW route to get to Xavier via Hwy 10 & Hwy 441 south of Appleton.

All ramps **TO** northbound 41 are closed at the 441 / 41 exchange.



When going to Xavier, use the **RED route** of County CB & County BB (in the city, BB becomes Prospect Ave.) rather than the very lengthy, marked detour.

(2) FROM XAVIER -- via Hwy 41... to Hwy 10 & Hwy 441

Ramps are open FROM 41 southbound... to eastbound 10 / 441 and westbound 10.

When going from Xavier, use Prospect Ave. to Hwy 41 southbound.